

DOIN' IT

Choreographed by Karen Hedges & MJ George
3734 Stanton, Lee's Summit, MO, 64064-1937

Phone: (816) 728-3750, Email:

Dancstorm@dancinupastorm.com

Description: 48 count, 4 wall, line dance,
beginner/intermediate

Music: Mama Don't Get Dressed Up For Nothing, Brooks & Dunn, 124 BPM,

CD: [Borderline](#)

Honey Hush, Scooter Lee, 128 BPM, [High Test Love](#)

TRAVELING SWIVELS

1-4 Swivel heels left, toes left, heels left and toes left
5-8 Swivel toes right, heels right, toes right and heels center

SWIVEL R, HOLD, SWIVEL L, HOLD, SWIVEL R, L, R, L

9-10 Swivel heels right, hold
11-12 Swivel heels left, hold
13-16 Swivel heels right, left, right, left (down 2 and up 2)

FULL LINDY

17&18 Side shuffle right & left, right
19-20 Rock step left behind right, recover weight to right
21&22 Side shuffle left & right, left
23-24 Rock step right behind left, recover weight to left

STOMP R, R, BUMP HIPS R, R, L, L, R, R

25-26 Stomp right beside left twice
27-28 Bump hips right twice
29-30 Bump hips left twice
31-32 Bump hips right twice

SIDE STEPS WITH PELVIS THRUSTS

33-36 Long side step left and thrust pelvis forward twice
35-36 Slide/step right beside left and thrust pelvis forward twice
37-40 Repeat counts 33-36

R K-B-C, R K-B-C, R ACROSS, 3/4 UNWIND, BACK L, BACK R

41&42 Right kick ball change
43&44 right kick ball change
45-46 Touch right across left, unwind 3/4 turn left shifting weight to right
47-48 Step back left, step back right

BEGIN AGAIN...